

Region 2 of Overeaters Anonymous
Fall Assembly Meeting
October 8 & 9, 2005
Marriot City Center
Oakland, California

Saturday, October 8

Meeting called to order at 9:00 AM with the Serenity Prayer

Welcome by R2 Chair

Reading of 12 Concepts of Service

Introductions of the Board & Parliamentarian, Jeri Boone

Board Members Present: Michael L., Chair; Susan H., Vice-Chair, Alison M., Acting Secretary; Joyce F., Treasurer; Hanna S., Publications Coordinator; Pamela W., Events Coordinator; Angela J., R2 Trustee

Recognition, by Chair, of first time Assembly attendees, Partnering with Mentors

Roll Call: Twenty-two (22) Intergroups represented (32 voting representatives), Three (3) Visitors

Chair announced a 'quorum' established.

Reading of Assembly Rules

Adoption of previous minutes

Ask-It-Basket circulated

Announcements

Ice Breaker by Susan H., Vice-Chair

Board Reports:

Chair, Michael L. (verbal report)

- Attended strategic planning meeting with other Region Chairpersons
- 3 goals established:
 1. Examine application of Tradition 4; determine what *does* affect "other groups or OA as a whole"
 2. Examine how we can help members conquer the stigma and shame associated with the disease so that they might be more willing to share with others that they are members of OA
 3. Address how to get youth more involved in OA
- World Service 2006: Region Chairs to discuss how to better communicate between Regions and how to better share experience strength and hope with intergroups and visa versa

Vice-Chair, Susan H.

- Speaker/leader list distributed, including recovery from relapse as well as an e-mail list
- Thanked Ian for being the Webmaster for the Region
- Thanked Jack Z. for his work as Chair of the 12th Step Within Committee

Secretary, Angela Jenkins

- Outgoing; will give report at time of Trustee report

Publications Coordinator, Hanna S.

- Still working on P & P; will be available at Spring Assembly
- Changes in e-mail addresses or spelling should be sent to Hanna
- If newly elected please give names of outgoing and incoming representatives
- Liaison with Young People's Committee going well
- Mexico rep, Celia, to be given copy of P & P for translation into Spanish

Treasurer, Joyce F. (Written update report distributed)

- Current cash funds total: \$59,847.44 (excluding convention accounts)
- Attached to report: 2004 expenses, current 2005 expenses and proposed 2006 budget; will vote for approval later
- Line item "Retreat income" to be deleted in future (R2 Retreats discontinued)

Break, reconvened in 15 minutes

Events Coordinator, Pamela W.

- Announced 2005 Convention profit: \$17,743.74
- March 25, Assembly for one day only; San Francisco Airport Doubletree; \$89/night incl. Breakfast; free parking; shuttle available; R2 arranged lunch will be offered in order to insure adequate time to accomplish business of assembly (only 1 day assembly).

Trustee & Outgoing Secretary, Angela J.

Secretary

- Has three storage containers of items to pass on to new Secretary

Trustee

- Use of first and last names on Internet postings is a potential anonymity issue, will be reviewed by World Service Board of Trustees
- Please fill in survey on green sheet regarding OA's 50th Anniversary in 2010
- Theme for WSO Convention in 2007 in Philadelphia: "Ring in Recovery"
- In the white packets distributed attendees will find: pamphlet, "OA Members Come in All Sizes," OA Handbook, Reports from Celia and Angela, and 2010 Survey

R2 Newsletter Discussion, per announcement in Assembly Packet:

- Representatives were given a sheet of 'issues' relating to the current status of the R2 Newsletter (copy attached). Following discussion, it was determined that the Newsletter committee be discontinued; that the R2 Board should be responsible for its content and distribution; and, finally, that a proposal be drafted and presented to the representatives to consider before the end of the current assembly.

NEW BUSINESS:

Motion #1: Move to amend P&P Manual item VII (D) – Intergroup Funding Assistance Program to read as follows:

Intergroup Funding Assistance program

1. Intergroup funding assistance will be available to Intergroups to send RRs to Region 2 Assemblies.
2. Applications must be received by the Region 2 Treasurer by the end of the first business session at the assembly, for which funding is requested. The R2 Treasurer will acknowledge receipt of the application and provide the RR with a 'confirmation' slip which must be signed and returned to the Treasurer after the last business session of the assembly.
3. Available funds will be distributed:
 - a) Among all Intergroups who apply;

- b) Based upon mileage from the Intergroup address, or post office street address, to the assembly at 31 cents per mile.
- c) Up to a maximum of \$350.00 per assembly per any one Intergroup.
- 4. If funds are requested which exceed the available maximum, they will be reduced on a pro-rata basis among all Intergroups applying.
- 5. Minimum funding will be determined at the assembly during the budget presentation. No more than half of the budgeted funds will be distributed at the 1st assembly of the year without the assembly's approval prior to the close of business.
- 6. Additional funding will be determined at the R2 Assembly prior to the assembly for which the funding will be requested.
- 7. IFAP monies will be sent to each Intergroup Office after the Treasurer has confirmed the mileage and amounts requested in all applications. RRs are required to attend all business sessions of the assembly to be eligible for funding assistance.

(Amendment to increase mileage reimbursement from 31cents to 45 cents was defeated)
Motion #1 Adopted, as presented.

(New business to be continued later)

Convention 2006 Report by Susan B., Conv. Chair

- Committee positions filled
- Fundraising underway
- T-shirts and lunch bags \$13 or 2 for \$25
 - Crew neck up to 3X
 - V-neck up to 6X
- Registration flyers available
- Reminder that this is major fundraiser for R2
- White tickets: registration drawing, 1st prize-registration for convention, 2 nights at hotel, 2 meals, T-shirt; 2nd prize-registration and T-shirt
- Blue Tickets: 1st prize-quilt; 2nd prize afghan
- Convention promo performed by Convention Committee

Announcements:

- 4-5:30 PM Workshop
 Dinner on your own
 Evening Event: 7:30-9 PM, Speakers

Serenity Prayer

Adjourned for lunch a 12:00 PM

Meeting Reconvened at 1:30 PM

Intergroup Concerns:

- Difficulty getting Spanish speaking meeting going
 - Celia, Mexico rep, suggested 2 Spanish speaking people need to be committed to starting a meeting in order to get one going
- Concern expressed that many intergroups may not be aware of vision statement developed by WSO several years ago, which seems to be materializing, although the statement is no longer in effect. The statement, which said that OA will be the #1 recognized source of help for people with eating disorders, seems to be happening. More doctors, schools, health organizations are becoming aware of OA and are asking for our help. Intergroups can help make the vision statement come true, by contacting these organizations and offering our services.
- Problem getting people to serve; same people are always volunteering
 - A small intergroup got e-mail addresses, called people, let them know they were loved and cared for; resulted in an increase in the number of reps going to intergroup meetings

- Suggestion that sometimes leaving a gap may be uncomfortable but allows someone to come forward to volunteer; encouragement from a sponsor to serve and one on one approach can be useful
- Intergroups should make the business meetings enjoyable places for people to come to get information
- OA needs to be a program of attraction; be enthusiastic about doing service

Committee Meetings

Break, reconvened

Serenity Prayer

Ask-It-Basket

- Can rep attend Assembly only on Sunday and be eligible to vote?: YES

New Business, Continued

Motion #2: Motion to add XVI to the Bylaws (then renumber XVI and subsequent sections):

Each year R2 shall send the Board Chair (or alternate) as the R2 Delegate to the World Service Business Conference. Other R2 Delegates may be allowed per WSO Bylaws Subpart B, Article X, Section 3. (All R2 delegates must meet the WSO qualifications specified within Section 3.

Motion #2 Adopted

Motion #3: Motion to amend Bylaws Article VI – Membership of the R2 Assembly, to read:

Members of the R2 Assembly shall consist of the R2 Board, RR's and/or Alternates from each Intergroup desiring to participate, and a representative of any other OA group unaffiliated with an Intergroup (hereinafter referred to as any Unaffiliated Group) within R2 (California, Hawaii, Mexico and Northern Nevada), who may wish to be part of the assembly.

Intergroups and Unaffiliated Groups must be duly registered with the World Service Office of Overeaters Anonymous (hereinafter referred to as WSO), and agree that the following points shall define an Overeaters Anonymous group:

1. As a group, they meet to practice the Twelve Steps and Twelve Traditions of Overeaters Anonymous.
2. All who have the desire to stop eating compulsively are welcome in the group.
3. No member is required to practice any actions in order to remain a member or to have a voice (share at a meeting).
4. As a group they have no affiliation other than Overeaters Anonymous.

(Items A thru F remain unchanged)

Motion #3Adopted

Motion #4: Move that the following motion be submitted by Region 2 for consideration by the Delegates of the 2006' World Service Business Conference:

Motion to be submitted:

Move that the World Service Board of Trustees solicit requests from Regions interested in participating in co-hosting a World Service OA Convention. The Trustee responsible for participating planning would assign all possible responsibilities to the Region Convention committee, subject to oversight and approval of the World Service BOT. Any amounts earned in excess of expenses (including necessary WSO costs) would be kept by the Region. Revenue sharing details to be worked out between the participating Region and the World Service Board of Trustees.

Motion #4 to submit proposal to WSBC Conference: Adopted

Motion #5: Move to amend R2 Policy & Procedure manual, Section VII – Operating Policies and Procedures, item I – R2 Treasurer's Procedures to read as follows:

I. R2 Treasurer's Procedures

Disbursements

1. Checks are to be made out only when:
 - a) An expense report (with receipts) is received and budgeted for.
 - b) A bill or statement is presented for goods or services.
2. Prepare expense reports for all reimbursements, if one hasn't been prepared already. (It makes filing easier when small bills and receipts are attached to it.)
3. Record the date, check number, and amount paid on the expense report or vendor invoice, as well as in the check register.
4. Post disbursements in the R2 bookkeeping program using the forms and check register.
5. Attach the duplicate copy of the check to the forms and file with receipts attached.

Handling of Mail:

1. Open mail. Distribute to appropriate Board member at least once per month.
2. Write World Service Office (WSO) group number on the donation check. If WSO # is not indicated, write the meeting city, day of week and time. Discard all forms and envelopes. Use the WSO website, or the 'Directory By Region' spreadsheet which is available from the WSO to determine the group #. If unable to determine the group #, the amount is posted to 'unidentified' meeting donations unless determined to be an individual donation. If the check is for other income indicate to which account the funds were posted.
3. Stamp back of check.
4. After posting the checks in the R2 bookkeeping program, run two adding machine tapes showing total of all checks to be deposited, verifying the totals with the amount shown on the cash receipts journal. One tape is submitted with checks to bank, one tape is kept with check copies.
5. Photocopy checks.
6. Take or mail checks and deposit slip to bank.
7. Attach deposit receipt to check copies.

Handling of Returned Checks:

1. Using the form letter for return checks, mail copy to maker of check. Included should be a copy of the returned check and form from the bank. Highlight the returned check fee and request reimbursement.
2. Post returned check fee in the check register and record keeping device.
3. File returned check and bank form. (If maker of the check makes check good, return original check to maker.)

Motion #5 Adopted

Motion #6: Move that the following line items for the 2005' Budget be revised :

Item #	Item Description	Budget	Increase	Revised Amt.
601-00	Board to Assy	\$4200	\$ 900	\$5100
610-00	Parliamentarian Exp.	\$1500	\$ 300	\$1800
620-00	Assy Mtg.Room Exp.	\$2000	\$ 400	\$2400
635-00	Fund Mex.Rep. to Assy	\$1000	\$ 500	\$1500
710-00	Board (S&T, W/Shops)	\$ 300	\$1095	\$1395
735-00	Newsletter Exp.	\$ 800	\$ 205	\$1005
781-00	Tape/CD Library Exp.	\$ 100	<u>\$ 100</u>	\$ 200
	Total Increase		\$3500	
640-00	Mex. Rep to Conf.	\$1500	\$- 500	
655-00	R2 Chair to Mexico	\$1500	\$- 295	
660-00	R2 Chair to Reg.Ch.Mtg	\$1000	\$- 488	
665-00	R2 Chair to WSBC	\$1500	\$- 717	
675-00	R2 Trustee to Mexico	\$1500	<u>\$-1500</u>	
	Total Increase		\$-3500	
	Net Budget Increase/Decrease		\$ zero	

Motion #6 Adopted

Motion #7: Motion to adopt proposed 2006 Budget (attached)
Motion #7 Adopted

Motion #8: Motion to amend Section IV - R2 Board Duties and Responsibilities, # 15 to read as follows:

#15: Oversee the current R2 Convention Accounts and other accounts. The following applies to the Convention accounts:

- a. There will be two (2) Convention checking accounts. One for odd-numbered year conventions and one for even-numbered year conventions.
- b. Each convention checking account will have \$1,000.00 'seed' money provided initially.
- c. An additional \$2,000.00 in 'seed' money will be made available to the next convention 60 days after the current convention is held.
- d. Each account will be reduced to \$1,000.00 after it's convention is completed.

Motion #8 Adopted

(New business continued later)

Ask-It-Basket:

- What is purpose of workshops? Workshops promote unity
- Can members be asked to not share at meetings until they have at least 30 days of abstinence?
 - No, OA Bylaws state that no one is prohibited to speak
- What is required to be on the R2 speaker list?: 2 years of abstinence, 4th and 5th Step

Interactive Workshop: "Recovery from Relapse"

Announcements

"I Put My Hand in Yours"

Assembly Session Adjourned at 5:30 PM

Sunday, October 9

Meeting called to order at 8:30 AM with Serenity Prayer

Reading of 12 Concepts of Service

Roll Call: 21 Intergroups were represented by 29 Representatives, 1 Visitor, 6 Board Members

Quorum was announced

Ask-It-Basket

- Non-OA related announcements: Should be made outside of a meeting; social gatherings that are not for all OA members should be announced outside of the meeting setting
- It is OK to keep your sponsor a secret? Should be decided by individuals involved.

New Business (continued)

Motion #9

Motion to split #9 into 2 sections was adopted.

Motion 9, Part (a): Move that the application presented on behalf of Alice C. for the position of secretary be set aside and not considered at this election

Motion 9(a) was Defeated

Motion 9, Part (b): Move that the following provision be added to P&P Section VII, J, 1, c) – after vi:

Candidates shall be present at the Assembly at which the election will be held in order to be considered.

Motion 9(b) was adopted

Break for Committee Meetings

Elections

- Jack Z. : Application for Vice-Chair - Elected
- Alice C.: Application for Secretary - Not elected

New Business continued

Motion #10: Motion For WSBC 2006, to consider changing the word “God” for “Higher Power” in Steps and Traditions.

Motion #10 not considered, ruled out of order by Chair

Motion #11: Motion for R2 Board to send a letter to each intergroup Chairperson reminding them of the Intergroup Funding Assistance Program.

Motion #11 Defeated (The Chair indicated that, in consideration of the close vote, he will mention IFAP in the next assembly packet and that a note will be placed on the front cover about IFAP funds.)

Motion #12: Move that Section VI, Item D, #5 – Newsletter Committee be deleted from the R2 P&P Manual. Further, that #1 thru 7 of Section VII, Item H – Newsletter be stricken and replaced by: The R2 Board shall determine the format, frequency and method of distribution of the R2 Newsletter. The R2 Publications Coordinator shall be responsible for its preparation and distribution.

Motion #12 Adopted

Motion #13: Move that the R2 Newsletter be established as a service tool instead of containing recovery stories.

Motion #13 Withdrawn, without objection.

Motion #14: Motion to amend the R2 P&P VII – Operating Policies and Procedures, by adding:

- T. Service & Traditions Workshops
The R2 Board may appoint members from the fellowship to facilitate R2 Workshops, in addition to members of the R2 Board.

Motion #14 Adopted

Ask-It-Basket:

- Should service positions be rotated? Yes
- Regarding the formation of clicks within OA; Tradition 5 pg. 147 states that OA is not a social club; groups can die out if clicks form; welcoming newcomers is important

Parting Words by outgoing Board Members Pam W. and Susan H.

Recognition of first time attendees

Chair led assembly in “I Put My Hand in Yours”

Meeting was adjourned at 12:00 PM

Respectfully Submitted,

Alison M., Acting Secretary